

Dr Bridgeman's Profile

Dr Kay Bridgeman

Dr Kay Bridgeman MBChB (1991) FRCGP (female)

Kay graduated from the University of Birmingham in 1991. After combining hospital posts with an attempt to hone her windsurfing skills, she joined Brookside Surgery in March 1997 as a five session partner with Mike Houghton.

During her first three years at Stretton, Kay also continued to work in areas of special interest, spending two days a week at Coventry Hospitals as a Clinical Assistant in Psychiatry and genitor-urinary medicine.

In 2001 Kay formally became a GP trainer and followed this with appointment to the role of Course Organiser to the Coventry and Warwickshire VTS a year later. In 2002 there were 36 trainees across the locality but in 2009 there are over 170.

In 2004, Kay was appointed Honorary Senior Lecturer at the University of Warwick, involved in establishing and delivering a Post Graduate Award (PGA) in primary care. In 2007, she was appointed Honorary Associate Professor at the University of Warwick, and continues to act as a Medical Student Supervisor.

In 2008 Kay became a Faculty Registered Trainer (FRT) for the practical component of the Diploma of the Faculty of Sexual and Reproductive Healthcare (family planning) whilst also teaching on local theory courses.

As recipient of the 2009 RCGP Clare Boothroyd Memorial Award for excellence in General Practice, Kay's enthusiasm for enabling the next generation of GPs to acquire the skills needed for their own lifetime of General Practice remains stronger than ever. She still enjoys windsurfing but these days it's only from the shore!

In 2011 Kay was elected Fellow of the Royal College of General Practitioners.