**Brookside Surgery**

[www.brooksidesurgery.co.uk](http://www.brooksidesurgery.co.uk)

**FLU VACCINATIONS**

Appointments are still available to book, either by calling reception or online through the NHS App or Patient Access.

**CHILDREN AGED 2 & 3 YEARS**

As in previous years, children aged 2 and 3 as of 31st August 2023 are eligible for a nasal flu vaccine. Appointments are available with our nurses.

**COVID VACCINATION BOOSTERS**

The Practice has been able to provide the Autumn COVID vaccine booster and plan to continue this as long as supplies of vaccine are available from the central NHS supplies. To check if you are eligible for a COVID vaccination booster then please go to [COVID-19 vaccination - NHS (www.nhs.uk)](https://www.nhs.uk/conditions/covid-19/covid-19-vaccination/) Appointment will be available through calling reception.

**SOCIAL PRESCRIBING**

Social prescribing – sometimes referred to as community referral – is a means of enabling GPs, nurses and other health and care professionals to refer people to a range of local, non-clinical services.

Recognising that people’s health is determined primarily by a range of social, economic and environmental factors, social prescribing seeks to address people’s needs in a holistic way. It also aims to support individuals to take greater control of their own health.

We are pleased to work with our Social Prescriber, Emma, who can help patients to access a variety of social prescribing schemes, typically provided by voluntary and community sector organisations. Examples include volunteering, arts activities, group learning, gardening, befriending, cookery, healthy eating advice and a range of sports.

**SOCIAL MEDIA**

For the very latest news please follow us on Facebook and Instagram.

**PRACTICE LEARNING EVENT**

The surgery will be closed for training on Wednesday 29th November from 1-6.30pm. The surgery will re-open at 8.30 am on Thursday 30th November.

**NEW STAFF**

We are delighted to welcome a new person to the Brookside Team, Shyla will be working in both Reception and Dispensary as the first point of contact for patients.